



ANIMAL EMERGENCY CENTER

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at the heart of critical care

Healthy Shopping Guide for Guinea Pigs

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Listed below are some nutritious foods for you to incorporate into your pet's diet. Nutrition plays a major role in the health and longevity of any animal. Keep in mind that *moderation* and *variety* are keys to offering a complete, well-balanced diet.



Vegetables

Vitamin C

Turnip greens	Excellent
Mustard greens	Excellent
Dandelion greens	Excellent
Kale	Excellent
Brussels sprouts	Excellent
Parsley	Excellent
Collards	Excellent
Broccoli leaves	Good
Beet greens	Good
Cauliflower	Good
Broccoli florets	Good



*Note: Oranges and cabbage do offer some Vitamin C, however, when compared to the above foods, the amount is nominal.

